



The Past Perfect Continuous

Here's how to make the past perfect continuous. It's **'had' + been (the past participle of 'be') + verb-ing**.

Firstly, let's look at the **positive** form:

- I had been living
- You had been going
- She had been sleeping
- He had been working
- It had been raining
- We had been studying
- They had been cooking

The short form is: **'d been verb-ing**. Be careful, because the short form for 'would' is also **'d**. However, 'would' is always followed by the infinitive, but 'had' is followed by the past participle.

Next, the **negative** form:

- I had not been trying (I hadn't been..)
- You had not been working (you hadn't been..)
- She had not been crying (she hadn't been..)
- He had not been shopping (he hadn't been..)
- It had not been snowing (it hadn't been..)
- We had not been reading (we hadn't been..)



- They had not been running (they hadn't been..)

It's pretty easy to make the **question** too.

'Yes / no' questions:

- Had I been working?
- Had you been sleeping?
- Had she been reading?
- Had he been watching TV?
- Had it been raining?
- Had we been drinking?
- Had they been eating?

'Wh' questions:

- Where had I been working?
- How long had you been sleeping?
- What had she been reading?
- How long had he been watching TV?
- How long had it been raining?
- What had we been drinking?
- Why had they been eating?

