



## Participle Adjectives Short List

| <b>-ing adjectives</b>  | <b>-ed adjectives</b>  |
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| <b>alarming</b><br>What an alarming noise!  | <b>alarmed</b><br>I was alarmed by the loud bang.  |
| <b>amusing</b><br>That TV programme is really amusing.  | <b>amused</b><br>He was amused to hear his little son singing in the bath.                           |
| <b>boring</b><br>I've never seen such a boring film!  | <b>bored</b><br>The students looked bored as the teacher talked and talked.                          |
| <b>confusing</b><br>I find these instructions very confusing!<br>Could you come and help me?          | <b>confused</b><br>I was confused because I asked two people and they told me two different things.  |
| <b>depressing</b><br>This weather is depressing! Is it ever going to stop raining?                    | <b>depressed</b><br>I was feeling depressed, so I stayed at home with hot chocolate and a good book. |
| <b>embarrassing</b><br>That is the most embarrassing photo! I look terrible!                          | <b>embarrassed</b><br>John was really embarrassed when he fell over in front of his new girlfriend.  |
| <b>exciting</b><br>It's a really exciting book. I couldn't wait to find out what happened at the end. | <b>excited</b><br>I'm so excited! I'm going on holiday tomorrow!                                     |
| <b>exhausting</b><br>I hate doing housework! It's exhausting!   | <b>exhausted</b><br>Julie was so exhausted after her exams she spent the next three days sleeping.   |



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| <b>fascinating</b><br>The brain is fascinating, isn't it? It's amazing how much it can do.                                 | <b>fascinated</b><br>Joan was fascinated by her grandmother's stories of life in the 1920s.   |
| <b>frightening</b><br>What a frightening film! I don't want to walk home on my own now!                                    | <b>frightened</b><br>I was really frightened of bees when I was little, but I don't mind them now.  |
| <b>frustrating</b><br>It's frustrating when you want to say something in another language, but you don't know the word.    | <b>frustrated</b><br>I tried all morning to send an email, but it wouldn't work. I was so frustrated!   |
| <b>interesting</b><br>That was a very interesting book.  | <b>interested</b><br>She's interested in animals, so she's thinking of studying to be a vet.  |
| <b>overwhelming</b><br>I find London a bit overwhelming. It's so busy and noisy.   | <b>overwhelmed</b><br>Julie felt overwhelmed. She'd moved house, got a new job and was learning to drive, all at the same time.                       |
| <b>relaxing</b><br>A nice hot bath is so relaxing after a long day.  | <b>relaxed</b><br>She was so relaxed, sitting in front of the fire, that she didn't want to move.   |
| <b>satisfying</b><br>John loves his new job as a teacher. He says it's very satisfying when he makes a student understand. | <b>satisfied</b><br>I'm very satisfied that I managed to order the meal in French.  |
| <b>shocking</b><br>What a shocking crime! It's terrible.   | <b>shocked</b><br>I was shocked when my co-worker admitted stealing some money.   |
| <b>surprising</b><br>It's surprising how many people don't want to travel to another country.                              | <b>surprised</b><br>She was surprised when she arrived at her class and found the other students doing an exam. She'd thought it was a normal lesson. |



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| <b>terrifying</b><br>What a terrifying dog! It's huge!                                     | <b>terrified</b><br>My little son is terrified of the dark. We always leave a light on in his room at night. |
| <b>thrilling</b><br>What thrilling music! It's some of the most beautiful I've ever heard. | <b>thrilled</b><br>I was thrilled to win first prize in the competition.                                     |
| <b>tiring</b><br>My job is really tiring. I often don't get home until 10pm.               | <b>tired</b><br>David's too tired to come to the cinema tonight. He's going to go to bed early.              |