

## -ED and -ING Adjectives Exercise 2

Choose the correct adjective:

1. I am so (relaxing / relaxed) I don't want to move.
2. I find horror films really (frightening / frightened) and not at all fun to watch.
3. Sometimes I get really (frustrating / frustrated) when I can't express myself well in English.
4. We were stopped by a man with a knife who took our money. It was (terrifying / terrified).
5. The programme was really (interesting / interested).
6. She was (overwhelming / overwhelmed) when everyone cheered and we gave her presents.
7. If I feel stressed, I find taking a bath is often (relaxing / relaxed).
8. I am really (tiring / tired); I think I'll go to bed.
9. He's very (interesting / interested) in history.
10. The trip was (overwhelming / overwhelmed), with so many things to do and it was all so new.
11. She is never (satisfying / satisfied) with her work.
12. Cleaning is so (tiring / tired)! I think I'll have a rest!
13. She thought the ride on the rollercoaster was (thrilled / thrilling).
14. I was really (surprising / surprised) when I saw you. I had thought you were on holiday.
15. My grandmother was (shocking / shocked) by the man's bad language.
16. My niece is (terrifying / terrified) of dogs.
17. Thank you so much for the prize! I'm (thrilled / thrilling)!
18. My job is very (satisfying / satisfied), I love helping people.
19. The news was so (shocking / shocked) that she burst into tears.
20. My exam results were great! It's really (surprising / surprised) but good, of course

Answers:

1. I am so **relaxed** I don't want to move.
2. I find horror films really **frightening** and not at all fun to watch.
3. Sometimes I get really **frustrated** when I can't express myself well in English.
4. We were stopped by a man with a knife who took our money. It was **terrifying**.
5. The programme was really **interesting**.
6. She was **overwhelmed** when everyone cheered and we gave her presents.
7. If I feel stressed, I find taking a bath is often **relaxing**.
8. I am really **tired**; I think I'll go to bed.
9. He's very **interested** in history.
10. The trip was **overwhelming**, with so many things to do and it was all so new.
11. She is never **satisfied** with her work.
12. Cleaning is so **tiring**! I think I'll have a rest!
13. She thought the ride on the rollercoaster was **thrilling**.
14. I was really **surprised** when I saw you. I had thought you were on holiday.
15. My grandmother was **shocked** by the man's bad language.
16. My niece **is terrified** of dogs.
17. Thank you so much for the prize! I'm **thrilled**!
18. My job is very **satisfying**, I love helping people.
19. The news was so **shocking** that she burst into tears.
20. My exam results were great! It's really **surprising** but good, of course!