



Advanced Phrasal Verbs 2 Curriculum

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Introduction

Lesson 1: How to Remember Vocabulary (Video and Explanation)

How to Remember Words

The Testing Effect

Spaced Repetition

Lesson 2: The Grammar of Phrasal Verbs (Video and Explanation)

Lesson 3: Anki

How to download Anki

How to use Anki

Lesson 4: How to Study with Flashcards

Index of Phrasal Verbs 2 (PDF)



Days 1-5

Day 1: Amp up, zone out, wipe out, mind out, bail out

Day 1 Video Explanation

Day 1 Exercise

Day 2: Hash out, polish off, walk through, rain off, stick out

Day 1 Mini-review

Day 2 Video Explanation

Day 2 Exercise

Day 3: Cobble together, deliver on, dispense with, talk back to, wave on

Day 2 Mini-review

Day 3 Video Explanation

Day 3 Exercise

Day 4: Angle for, eke out, forge ahead, blow off, wade in

Day 3 Mini-review

Day 4 Video Explanation

Day 4 Exercise

Day 5: To gun for, to fish for, to give out, to lag behind, to win over

Day 4 Mini-review

Day 5 Video Explanation

Day 5 Exercise

Days 1-5 Review



Days 6-10

Day 6: Face up to, hinge on, hunt down, side with, tear around

Day 5 Mini-review

Day 6 Video Explanation

Day 6 Exercise

Day 7: Flood back to, leave to, order around, play up, trade up to

Day 6 Mini-review

Day 7 Video Explanation

Day 7 Exercise

Day 8: Fork out for, help along, perk up, spring up, stave off

Day 7 Mini-review

Day 8 Video Explanation

Day 8 Exercise

Day 9: Check over, idle away, joke around, scope out, sink in

Day 8 Mini-review

Day 9 Video Explanation

Day 9 Exercise

Day 10: Drop in, jot down, jump in, opt in, scrape by

Day 9 Mini-review

Day 10 Video Explanation

Day 10 Exercise

Days 6-10 Review



Days 11-15

Day 11: Claw back, flip through, sit by, soldier on, tie in with

Day 10 Mini-review
Day 11 Video Explanation
Day 11 Exercise

Day 12: To be in for, lay aside, pan out, put down as, weasel out

Day 11 Mini-review
Day 12 Video Explanation
Day 12 Exercise

Day 13: Delve into, even out, eye up, single out, blow away

Day 12 Mini-review
Day 13 Video Explanation
Day 13 Exercise

Day 14: Back out of, muster up, parcel up, play on, turn on

Day 13 Mini-review
Day 14 Video Explanation
Day 14 Exercise

Day 15: Cast around, mount up, rumble on, taper off, walk in on

Day 14 Mini-review
Day 15 Video Explanation
Day 15 Exercise
Days 10-15 Review



Days 16-20

Day 16: Kit out, rattle off, spin out, usher in, wise up to

Day 15 Mini-review

Day 16 Video Explanation

Day 16 Exercise

Day 17: Turn over, kick in, peter out, go by, turf out

Day 16 Mini-review

Day 17 Video Explanation

Day 17 Exercise

Day 18: Belt out, fight down, partner up, throw on, touch up

Day 17 Mini-review

Day 18 Video Explanation

Day 18 Exercise

Day 19: Drag up, get into, pull ahead, wear down, wheel around

Day 18 Mini-review

Day 19 Video Explanation

Day 19 Exercise

Day 20: Grey out, spruce up, tuck in, serve as, waste away

Day 19 Mini-review

Day 20 Video Explanation

Day 20 Exercise

Days 16-20 Review



Days 21-25

Day 21: Hold with, explain away, start over, whip through, wonder at

Day 20 Mini-review
Day 21 Video Explanation
Day 21 Exercise

Day 22: Be onto something, chime in, die down, leap at, sleep on it

Day 21 Mini-review
Day 22 Video Explanation
Day 22 Exercise

Day 23: Go about, liven up, mill around, blow over, rope in

Day 22 Mini-review
Day 23 Video Explanation
Day 23 Exercise

Day 24: Back up, bandy about, peck at, sandwich between, shape up

Day 23 Mini-review
Day 24 Video Explanation
Day 24 Exercise

Day 25: Chalk up to, identify with, mooch about, patch up, spill over into

Day 24 Mini-review
Day 25 Video Explanation
Day 25 Exercise
Days 21-25 Review



Days 26-30

Day 26: Rally round, egg on, grow on, hem in, rattle around

Day 25 Mini-review

Day 26 Video Explanation

Day 26 Exercise

Day 27: Bank on, chicken out, screen off, vie for, rabbit on

Day 26 Mini-review

Day 27 Video Explanation

Day 27 Exercise

Day 28: Lapse into, own up, ride out, swallow up, tack on

Day 27 Mini-review

Day 28 Video Explanation

Day 28 Exercise

Day 29: Beef up, bucket down, piece together, run across, muck in

Day 28 Mini-review

Day 29 Video Explanation

Day 29 Exercise

Day 30: Ask out, jut out, see to, live up to, take on

Day 29 Mini-review

Day 30 Video Explanation

Day 30 Exercise

Day 30 Mini-review

Days 26-30 Review